

# TD1 Youth Hub – Summer Programme Evaluation 2025

The TD1 Youth Hub Summer Programme 2025 reached 156 young people across Galashiels and surrounding areas, delivering 48 activities with almost 400 attendances. The programme combined fun, friendship, and new experiences with a powerful impact on confidence, wellbeing, and family life. This evaluation captures the voices of young people and parents, showing how a free, inclusive programme removed barriers and gave families a summer to remember. It was thanks to funding from Scottish Borders Council that this programme was delivered.

## Section 1: Key Achievements

This summer showed the scale and value of TD1's youth work in action:

- 156 young people took part in 48 activities, with 398 attendances recorded.
- 96% of young people surveyed enjoyed the programme; 92% said it prevented boredom.
- 100% of parents said their child enjoyed it; every single one would recommend it to others.
- 91% of young people made new friends, while 100% of parents reported their child's confidence improved.



Trips to Foxlake, Edinburgh, and Ryze stood out as highlights, giving young people the chance to challenge themselves, work as a team, and gain confidence. Parents praised the organisation, accessibility, and the sense of routine the programme offered.

## Section 2: Young People's Experience

For young people, the programme was about more than just fun. It offered a safe space to try new things, build friendships, and step outside their comfort zones. The evaluation shows that adventurous activities helped young people develop resilience and self-belief, while also giving them positive alternatives to boredom or risky behaviours.

One young person shared: ***"I want to join the army, so felt like it was good getting a wee taster."***

These moments demonstrate how experiences can inspire aspirations and broaden horizons.



## Section 3: Parent Satisfaction & Family Impact

Parents consistently told us how valuable the programme was, not only for their children, but for their whole families. 100% said their child enjoyed it, and 88% strongly agreed. Many spoke about the new friendships, confidence, and independence their children gained.

One parent reflected: ***"As a mum of 7 and don't drive, we struggle to get to places. It's experiences he wouldn't have had if it wasn't for TD1."***

Parents also highlighted how the programme gave their children structure and routine during the long summer break. For families under financial pressure, the fact

that the programme was free made an enormous difference. Parents also valued the chance to connect with one another, reducing their own isolation and stress.

## Section 4: Wider Impact

The summer programme demonstrated the wider role TD1 plays in supporting young people and families:

- Poverty Impact – Free access to activities removed financial barriers, ensuring inclusion for families who would otherwise miss out.
- Mental Health Impact – Young people benefited from structure, positive social interactions, and fun alternatives to risky behaviours. Parents reported they experienced reduced stress and greater wellbeing.
- Community Impact – Parents built friendships and support networks, while young people felt part of something bigger than themselves.



As one parent summed it up: ***“Highly recommend. It’s amazing what you guys do for our kids, especially the shy ones. This has helped my child’s confidence massively – it’s really appreciated.”***

## Section 5: Gaps & Next Steps

While the feedback was overwhelmingly positive, parents and young people also identified areas for improvement:

- Accessibility challenges for wheelchair users highlighted the need for additional support to ensure full inclusion.
- Parents suggested more weekend sessions to provide opportunities for families who cannot attend during the week.
- Additional staff and volunteers would allow the programme to expand while maintaining the quality of support.

These reflections provide valuable direction for how TD1 can continue to grow and improve future summer programmes.

